

**THE LIGHT THAT BRIGHTENS THE WORLD****Dusyorova Klara Narmuminovna**

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**Abstract:**

This article discusses the impact of reading on the human mind and spiritual world. The book is interpreted as a source of knowledge for a person, an expander of thinking, and a moral educator. The author critically assesses the fact that modern youth are moving away from reading and are increasingly addicted to the Internet and technical means. The impact of fiction on the human psyche, the process of forming the reader's thinking through characters, is analyzed. The article substantiates the incomparable role of books in raising the younger generation as mature, spiritually perfect people. Especially in the education of young people, reading books is an important tool, and it is a key factor in the formation of a complete personality.

**Keywords:** Books, reading culture, human consciousness, thinking, spiritual education, reading, youth and reading, fiction, moral education, source of knowledge, enlightenment, apathy.

The book contains the wisdom of the predecessors,

The narration of the sciences.

The influence of the great light is in the sun,

The secret of ancient history is in the book.

Muhammad Jabalrudiy

**Introduction:**

A book is humanity's best friend and advisor, a beacon of reason and a source of knowledge, and books are a commentary on humanity. Because a book is a tool for thinking, a key to treasures, and a source of thought, our people considered it as dear and reliable as bread. Therefore, love for books, appreciation for them, and a passion for reading are ingrained in the blood of our people. A person's culture is reflected in his book. In this sense, today, reading books and the attitude towards them have somewhat weakened. Because young people are more addicted to movies, videos, television, and computers. Computers have also entered many

homes today. Any news and information can be obtained from these tools as much as you want. Sadly, today there is no need to spend time reading a book. In fact, no media, film, or video can replace a work of art. For example, a film based on the novel "Bygone Days" cannot have the impact and charm of a book, no matter how skillfully it is shot. Reading also depends on the family environment. In enlightened families, attention to books is useful in raising children. A person is alive with his ability to think, the world of spirituality. One of the factors that distinguishes a person from other creatures is his spirituality.

**Books are always a source of knowledge and enlightenment, and of decency and morality.**

It is no secret that a person receives spiritual nourishment from a book, which is a "source of knowledge". We all know that a book is an invaluable treasure. Without denying the possibilities and advantages of television and radio, modern computers, and the book, it can be said that none of these can replace a book. Especially fiction books strengthen the human qualities of each person and broaden his worldview. "I am grateful to the book for all the good qualities I have," said one of the scholars of his time.

Indeed, books are our friends. But unfortunately, today, instead of enjoying this invaluable spiritual wealth, there are young people among us who waste their time in "Internet cafes". Previously, there were neither computers nor the Internet. Our ancestors grew up reading such invaluable works as "Boburnoma", "Days of the Past", "Mehrabdan Shayon". What about today? Many people, especially young people, prefer the Internet to books. At the same time, there are also negative consequences of this modern information medium. Because of it, today's love for books is gradually decreasing. Let's not forget that books are our best friends. The more books we read, the more our understanding expands. Unfortunately, many young people prefer the Internet to books. This leads them to laziness. Books are the sun, they are the source of knowledge. Books have been likened to the wings of human thought. After all, enlightened people with a broad range of thinking and ideas are the true wealth of society. On the contrary, the root of some of the unpleasant things that happen in life is ignorance, the bitter fruit of not reading books. Just as rust eats away at iron, lack of spirituality makes a person brittle. Spirituality is transmitted to a person through reading books. Any innovation will become obsolete one day, but a book that contains the intellectual and intellectual masterpieces that humanity has acquired over thousands of years will never become obsolete. The German poet and playwright Peter Gille gave a beautiful definition of a book in the following sense: "Books are silent teachers."

Therefore, books have always been a source of knowledge, enlightenment, decency and morality. Today, there is no more powerful tool than books in educating the younger generation in the spirit of national values. The role of books in the development of human intellectual potential is incomparable. Because, thanks to books, our worldview is enriched and our thinking continues to grow. Many great people became acquainted with books, achieved maturity, and reached the level of a perfect human being.

### **The fundamental role of books in human spirituality and worldview.**

Books are an important source of human spirituality and worldview. A person who reads books becomes thoughtful, educated, and distinguished from others by his worldview and thinking with his high thinking. A child who is familiar with books grows up to be a good person. Therefore, it is the duty of parents and teachers to increase children's love for books and interest in literature in the family, kindergartens and schools.

A person who reads a lot of books has a high level of education, a high level of culture, and a place in life. However, today, how many books are just on display in bookshelves and stores? A natural question arises: Why is this so? Why do we stop reading books?

Unfortunately, there are many people among us who spend their valuable time on some idle activities and various entertainment games instead of reading books. In this way, they show that they are not spiritually strong in their thinking and behavior. We live in the age of technology, technical devices are developing day by day, and the need for them is increasing. In particular, we can cite mobile phones and various Internet systems as examples of this. It is true that our country provides young people with wide opportunities. Because it is the youth who raise the honor and national pride of our nation. Therefore, Uzbek youth, like youth of different nations and peoples, should communicate with the world. There is no obstacle to this. However, instead of making the most of the opportunities provided, some young people visit sites on the Internet that poison the minds of young people and get acquainted with the information there. As a result, their worldview remains one-sided.

In the past, our great poets, writers, and scientists loved books so much that they even read books by candlelight at night. The Sultan of the Word, Hazrat Navoi, memorized Fariduddin Attar's "Mantiq ut-tayr" at the age of 4, and our great hadith scholar, Hazrat Imam al-Bukhari, memorized more than six thousand hadiths. But in those times, we did not have even a fraction of the opportunities that were created for us. However, they pursued their goals and became owners of high spirituality. Therefore, it is up to each of us to make the most of the opportunities that are given to us. And the joy of satiety is not a characteristic quality of the

youth of the Uzbek nation. In fact, some of our youth are far from such indifference. They are distinguished by their freethinking and high spirituality. However, just as there is no rice without rice, there are also spiritually poor people among people. As a result of their indifference, the ranks of lovers of the "easy life" are increasing. As a result, reading books is being forgotten. Children who are brought up in families with shallow spirituality and people who do not read books are growing up to be perfect individuals in the future.

Our famous writer Oybek described a book as an inexhaustible wing of thought. In this sense, it can be said that a book is a gem of a person's soul, a treasure of thought. We must ensure that a book is the most invaluable gift for our children. Only then will our children grow up to be spiritually mature, capable of deep thinking, kind to both adults and children, loyal to their homeland, honest, pious and noble people, as we dream.

#### **Conclusion:**

Knowledge and books are enlightenment, and ignorance is darkness. When a person firmly follows the path of knowledge, he will have the opportunity to achieve happiness and bliss in this world and the hereafter. Humanity has always risen by following the path of knowledge. In any society that pays attention to knowledge, its development rises to a high level. This truth has been seen in history.

Our great ancestor Amir Temur said:

"The book is the basis of all creativity, creativity and intelligence, knowledge and wisdom. It is a teacher who teaches life," - he said.

One of the famous scholars of the past, Abul Faraj Ibn Jawzi, said this about his love for reading books:

"If I talk about my own situation, I can never get enough of reading books. If I saw a book that I had not read, I would feel as if I had fallen into a treasure. Even if I said: "I have read twenty thousand volumes of books," I would not be exaggerating, but I continue to read books."

One of the scholars said:

"If the owners knew the pleasure we get from reading books, they would take it away from us," -

Our wise men said:

"Burning books is a serious crime, but there is an even more serious crime in the world, which is not reading books."

The teachings of the wise men about books, that is, silent teachers who educate people, can be continued for a long time.

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