

THE HEALTHY SOCIAL ENVIRONMENT: THE FOUNDATION OF A BRIGHT FUTURE FOR THE YOUNGER GENERATION

Ibragimova Shakhlo Bakhramovna

Pharmaceutical education and research institute

Annotation. This article thoroughly discusses the importance of a healthy social environment in society, its role in the upbringing of the younger generation, and its psychological and moral impact on the formation of an individual's personality. It analyzes the influence of the family, the education system, mass media, neighborhood communities, and state policy on the overall social atmosphere. Particularly, in today's era of intensified digital information flow, strengthening the moral and ethical immunity of youth and protecting their consciousness from negative influences are considered among the most pressing tasks. The article also presents proposals and recommendations for creating a healthy social environment to ensure the comprehensive development of young individuals.

Keywords: Healthy social environment, youth, upbringing, moral education, family, education system, social institutions, mass media, digital space, youth policy.

ЗДОРОВАЯ СОЦИАЛЬНАЯ СРЕДА – ОСНОВА СВЕТОГО БУДУЩЕГО МОЛОДОГО ПОКОЛЕНИЯ

Аннотация. В данной статье подробно освещается значение здоровой социальной среды в обществе, её роль в воспитании подрастающего поколения, а также её психологическое и нравственное влияние на формирование личности. Анализируется воздействие семьи, системы образования, средств массовой информации, махалли и государственной политики на общую атмосферу в обществе. Особенно подчёркивается актуальность укрепления духовной и нравственной иммунной системы молодёжи и защиты их сознания от негативного влияния в условиях стремительного роста цифрового информационного потока. В статье также представлены предложения и рекомендации по созданию здоровой социальной среды для всестороннего развития молодёжи.

Ключевые слова: Здоровая социальная среда, молодёжь, воспитание, духовное воспитание, семья, система образования, социальные институты, средства массовой информации, цифровое пространство, молодёжная политика.

SOG'LOM IJTIMOIIY MUHIT, YOSH AVLODNING YORQIN KELAJAGI POYDEVORI

Annotatsiya. Ushbu maqolada jamiyatda sog'lom ijtimoiy muhitning ahamiyati, uning yosh avlod tarbiyasidagi o'rni, shuningdek, inson shaxsining shakllanishida psixologik va axloqiy jihatdan qanday ta'sir ko'rsatishi atroflicha yoritiladi. Unda oila, ta'lim tizimi, ommaviy axborot vositalari, mahalla va davlat siyosatining jamiyatdagi umumiy muhitga ta'siri tahlil qilinadi. Ayniqsa, bugungi raqamli axborot oqimi kuchaygan zamonda yoshlarning ma'naviy va axloqiy immunitetini mustahkamlash, ularning ongini salbiy ta'sirlardan himoyalash dolzarb vazifalardan biri sifatida ko'rilmogda. Shuningdek, maqolada yoshlarning har tomonlama barkamol shaxs bo'lib shakllanishi uchun sog'lom ijtimoiy muhit yaratish bo'yicha taklif va tavsiyalar ham bayon etilgan.

Kalit so'zlar:Sog'lom ijtimoiy muhit, yoshlar, tarbiya, ma'naviy tarbiya, oila, ta'lim tizimi, ijtimoiy institutlar, ommaviy axborot vositalari, raqamli makon, yoshlarga oid siyosat.

Introduction. The processes of globalization and the sharp development of modern technologies are causing the socio-informational changes that are taking place in society today. These processes have a significant impact, first of all, on the thinking, worldview and attitude of young people to life. Therefore, the role of a healthy social environment in the correct formation of the younger generation is considered extremely important. Introduction. The processes of globalization and the sharp development of modern technologies are causing the socio-informational changes that are taking place in society today. These processes have a significant impact, first of all, on the thinking, worldview and attitude of young people to life. Therefore, the role of a healthy social environment in the correct formation of the younger generation is considered extremely important. Because a person's development as a person, his mental potential and the harmony of his inner world are closely related to the social environment in which he lives.

Main part. In modern society, a person's achievement of perfection is not limited only to individual aspirations and potential. The successful course of this process largely depends on the state of the social environment that surrounds it. Especially for young people, this factor is of decisive importance. A healthy social environment-it not only forms their worldview, but also determines their future life course and encourages active participation in society. Therefore, the issue of creating such an environment should be one of the most important directions of any state policy.

A healthy social environment refers to an environment in which positive relationships, mutual trust, kindness, legitimacy, and justice are prioritized among humans. In such an

environment, every citizen, especially young people, feels valued, free and protected. herefore, the issue of creating such an environment should be one of the most important directions of any state policy.

A healthy social environment refers to an environment in which positive relationships, mutual trust, kindness, legitimacy, and justice are prioritized among humans. In such an environment, every citizen, especially young people, feels valued, free and protected. They are able to fully demonstrate their potential, express a desire to actively participate in society, are involved in socially useful activities.

A healthy social environment simply does not form naturally. In its formation, each member of society must actively participate – from parents to teachers, journalists, representatives of government agencies.

Youth is the main force that determines the future of each society. Their intellectual and spiritual development is taking shape today. But in the modern information environment, negative influences such as crime, indifference, moral decay, false information and virtual life are becoming more and more intense. This threatens the proper formation of the young. Youth is the main force that determines the future of each society. Their intellectual and spiritual development is taking shape today. But in the modern information environment, negative influences such as crime, indifference, moral decay, false information and virtual life are becoming more and more intense. This threatens the proper formation of the young. Therefore, key social institutions such as the family, school, media, and neighborhood must work together to create a positive environment that supports young people.

The life path of each person begins precisely in the family. The family is the smallest but most important branch of society. The moral views of the parents, the culture of treatment, the attitude towards values have a huge impact on the child's worldview. If the family has affection, communication, an educational approach, the child will behave freely and later be able to find his place in society.

Schools, lyceums, colleges or institutions of higher education — these are not limited only to the provision of knowledge. They are also an important educational school that shapes a healthy social environment for young people. Each educator in his activities instills in his young mind not only knowledge, but also social responsibility, moral values, criteria of etiquette.

Openness, democratic approach and mental health of the school environment are important to prevent negative situations such as abusive treatment, pressure, inequality among young

people. A positive school environment should become a safe and intimate space for young people, make it possible to express their free opinion and realize their talent.

Today, social media, various films, series, blogs and internet content are becoming one of the most powerful influencing factors in youth consciousness. This information space is no longer just information, but also causes the formation of a vision of life, a system of values, traditions, personal criteria.

Unfortunately, in the digital environment, many scenes promoting violence, unrealistic information, images based on immorality and excessive material values are becoming more common. For this reason, it is very important to develop digital literacy, strengthen mediacy and form critical thinking skills in the way of ensuring a healthy social environment. Unfortunately, in the digital environment, many scenes promoting violence, unrealistic information, images based on immorality and excessive material values are becoming more common. For this reason, it is very important to develop digital literacy, strengthen mediacy and form critical thinking skills in the way of ensuring a healthy social environment.

And the neighborhood Institute has long served as a center for help and advice, regulating the educational, collective life of our people. In modern times, however, this structure should function as an active institution that attracts young people to social life, paying attention to their needs and problems.

The state should carry out the following tasks in order to strengthen a healthy social environment:

- Organization of free psychological services for young people;
 - development of sports and culture infrastructure
- And the neighborhood Institute has long served as a center for help and advice, regulating the educational, collective life of our people. In modern times, however, this structure should function as an active institution that attracts young people to social life, paying attention to their needs and problems.

The state should carry out the following tasks in order to strengthen a healthy social environment:

- Organization of free psychological services for young people;
- development of sports and culture infrastructure;
- creating a healthy information space;
- expanding social assistance to families;

- ensuring equal opportunities in education;
- creating jobs for young people and protecting them socially.

Upbringing is not just the teaching of knowledge, but the process of instilling moral standards, the formation of human values and directing young people to responsibility to society. A psychologically healthy environment, on the other hand, increases students' self-confidence, motivating them to think creatively, to be active, and to work on themselves. On the contrary, psychological pressure, discrimination or infertility alienate them from society.

In our country, great attention has long been paid to youth education. Values such as respect for parents, respect for the teacher, obedience to the elder, affection for the younger form positive principles in the minds of young people. In such an environment, it is inevitable that the adult generation will become a devoted person to the Motherland, a lover of their profession, an independent thinker and a useful person to society.

Conclusion. Creating a healthy social environment is the duty of every citizen, not just the state or educational institutions. Attracting young people to social life, supporting their initiatives, strengthening the principles of a strong family, introducing modern methods of upbringing—all this is a path to a healthy society, a radiant future.

The maturation of the younger generation depends, first of all, on the environment we have created. Therefore, if today we can build a reliable, healthy, social environment around them, relying on science and spirituality, then tomorrow a sustainable, strong, intellectual generation awaits us in a changing world. This is the most important guarantee of the progress of the community.

Foydalanilgan adabiyotlar

1. Shavkatovna R. G. Improving Technologies To Develop Spiritual And Moral Competencies In Future Teachers //The American Journal of Management and Economics Innovations. – 2020. – T.
2. Raxmonova G. TALABALARNI MA'NAVIY SHAKLLANTIRISHDA MA'NAVIY–AXLOQIY TARBIYANING O'RNI //ЦЕНТР НАУЧНЫХ ПУБЛИКАЦИЙ (buxdu.uz). – 2021.
3. Shavkatovna R. G. Improving Technologies To Develop Spiritual And Moral Competencies In Future Teachers //The American Journal of Management and Economics Innovations. – 2020.
4. Рахмонова Г. Ш., Намозова Ш. ДУХОВНОСТЬ-ВАЖНЫЙ ФАКТОР РАЗВИТИЯ ОБЩЕСТВА //Scientific Impulse. – 2022.

5. Рахмонова Г. Ш. и др. ОЛИЙ ТАЪЛИМ МУАССАСАЛАРИ
ЎҚИТУВЧИЛАРИНИНГ КРЕАТИВ КОМПЕТЕНТЛИЛИГИНИ
РИВОЖЛАНТИРИШ //Scientific Impulse. – 2022.