

THE ROLE OF MOTIVATION IN FOREIGN LANGUAGE LEARNING AND TEACHING

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ANNOTATION

This article explores the significance of motivation in the process of learning and teaching foreign languages. It discusses the impact of intrinsic and extrinsic motivation on students' success and persistence, and emphasizes the teacher's role in developing and maintaining motivation. The paper also identifies effective motivational strategies and highlights common challenges that learners and teachers face. The findings indicate that motivation is a key factor that affects learners' engagement, performance, and long-term achievement in foreign language education.

Key Words: motivation, language learning, teaching, intrinsic motivation, extrinsic motivation, pedagogy, psychology.

АННОТАЦИЯ

В данной статье рассматривается значение мотивации в процессе изучения и преподавания иностранных языков. Обсуждается влияние внутренней и внешней мотивации на успех и настойчивость студентов, а также подчеркивается роль учителя в формировании и поддержании мотивации. В работе также определяются эффективные мотивационные стратегии и выделяются распространенные трудности, с которыми сталкиваются учащиеся и преподаватели. Результаты показывают, что мотивация является ключевым фактором, влияющим на вовлеченность, успеваемость и долгосрочные достижения учащихся в обучении иностранным языкам.

Ключевые слова: мотивация, изучение языка, преподавание, внутренняя мотивация, внешняя мотивация, педагогика, психология

ANNOTATSIYA

Ushbu maqolada chet tillarni o'rganish va o'qitish jarayonida motivatsiyaning ahamiyati tahlil qilinadi. Unda ichki va tashqi motivatsiyaning talabalarning muvaffaqiyati va bardavomligiga ta'siri muhokama qilinadi hamda o'qituvchining motivatsiyani shakllantirish va qo'llab-quvvatlashdagi roli ta'kidlanadi. Maqolada shuningdek samarali motivatsion strategiyalar aniqlanadi va o'quvchi hamda o'qituvchilar duch keladigan umumiy muammolar yoritiladi.

Tadqiqot natijalari shuni ko'rsatadiki, motivatsiya chet tilini o'rganishda o'quvchilarning faolligi, natijalari va uzoq muddatli yutuqlariga ta'sir qiluvchi asosiy omil hisoblanadi.

Kalit so'zlar: motivatsiya, til o'rganish, o'qitish, ichki motivatsiya, tashqi motivatsiya, pedagogika, psixologiya.

Motivation is a fundamental concept in language learning and teaching. It is the inner drive that pushes learners to start, continue, and succeed in acquiring a new language. A motivated learner is more likely to participate actively, complete assignments, and overcome difficulties. In contrast, a lack of motivation may result in poor performance and low engagement. Therefore, motivation is not only a psychological aspect but also a pedagogical one that teachers must understand deeply. The aim of this article is to explore the role of motivation in foreign language learning, focusing on types, factors, and strategies that enhance student motivation.

Motivation has been widely studied by educational psychologists and linguists. It refers to the process that initiates, guides, and maintains goal-oriented behaviors. In language learning, motivation influences how learners approach the task of mastering a second language. According to Gardner (1985), motivation involves a combination of effort, desire, and positive attitudes toward learning. Learners with strong motivation are more likely to engage in communication, practice regularly, and persist despite obstacles.

There are two primary types of motivation: intrinsic and extrinsic. Intrinsic motivation arises from internal desires, such as curiosity, enjoyment, and self-improvement. Students who are intrinsically motivated find satisfaction in learning itself. Extrinsic motivation, however, comes from external sources like grades, recognition, or career advancement. Both forms are vital for achieving success. Moreover, Gardner and Lambert (1972) distinguished between integrative motivation (the desire to integrate into the target language culture) and instrumental motivation (learning for practical purposes).

Teachers play a vital role in motivating students. They are not only transmitters of knowledge but also facilitators who inspire and guide learners. A teacher's enthusiasm, encouragement, and positive attitude can significantly impact students' motivation levels. Teachers should create a supportive learning environment, use interactive methods, and provide feedback that builds confidence. By integrating authentic materials such as songs, films, and real-life conversations, teachers can make language learning more enjoyable and relevant.

To maintain and increase motivation, teachers should adopt a variety of strategies. Setting achievable goals allows learners to measure progress. Incorporating technology, such as language learning apps or digital games, can make lessons more dynamic. Group work and peer collaboration promote a sense of community and shared responsibility. Additionally, recognizing and rewarding student success reinforces positive behavior and strengthens their motivation to continue learning.

Maintaining motivation throughout the learning process is not easy. Students may face periods of fatigue, loss of interest, or frustration. Monotonous teaching methods, lack of resources, or personal issues can also decrease motivation. Teachers need to identify such challenges early and apply flexible approaches to address them. Encouraging self-reflection and offering continuous support can help learners regain motivation and confidence.

In conclusion, motivation is the foundation of success in foreign language learning and teaching. It influences learners' attitudes, commitment, and academic results. Both intrinsic and extrinsic motivations play essential roles, and teachers must continuously seek ways to stimulate and sustain them. A motivated learner is not only more effective but also more likely to develop a lifelong interest in languages. Hence, motivation should remain a central focus of language pedagogy and research.

The Relationship Between Pedagogy and Psychology

Education is not only about transferring knowledge but also about understanding how learners think, feel, and respond to instruction. Two key fields that shape effective teaching and learning are pedagogy and psychology. While pedagogy focuses on the methods and principles of teaching, psychology examines the mental processes and behavior that influence learning. Together, they form the foundation of modern educational practice.

Psychology

Psychology is the scientific study of the human mind and behavior. It explores how individuals perceive, think, feel, and act. In education, psychology helps teachers understand learners' developmental stages, motivations, emotions, and cognitive abilities. This understanding enables teachers to create learning environments that promote engagement and success.

Examples of psychology in education include:

- Applying motivation theories (such as Maslow's hierarchy of needs) to encourage student participation.
- Using cognitive psychology to design lessons that improve memory and problem-solving.
- Observing students' emotional well-being to support mental health and classroom performance.

Pedagogy

Pedagogy refers to the art and science of teaching. It involves the strategies, methods, and approaches teachers use to help students learn effectively. Good pedagogy is not just about delivering content—it also considers students' needs, interests, and learning styles.

Examples of pedagogy include:

- Collaborative pedagogy: encouraging teamwork and discussion to build communication skills.
- Differentiated pedagogy: tailoring instruction to students' varying levels and learning styles.
- Constructivist pedagogy: allowing students to build knowledge through exploration and reflection.

The Connection Between Pedagogy and Psychology

Pedagogy and psychology are closely connected. Psychological theories guide teachers in understanding how students learn, while pedagogy translates that knowledge into teaching practice. For example, a teacher aware of psychological motivation can use pedagogical techniques like rewards, praise, or engaging activities to enhance learning outcomes.

Thus, psychology provides the scientific foundation for pedagogy. Together, they enable educators to design effective, inclusive, and inspiring learning experiences that support students' intellectual and emotional growth.

Pedagogy and psychology are inseparable aspects of education. A successful teacher must understand both how to teach (pedagogy) and how students learn (psychology). By integrating insights from both fields, educators can foster motivation, creativity, and lifelong learning in their students.

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