THE ROLE OF THE FAMILY IN THE FORMATION OF THE SPIRITUALITY OF YOUTH

Shodiyev Safar Associate Professor of the University of Alfraganus, PhD in History

Abstract. The article scientifically analyzes the role of the family in the formation of the spirituality of youth. For the Uzbek people, the family is the most sacred place. Love in the family, relationships between parents, children, brothers, sisters and relatives are of great importance for the younger generation to become a perfect person and have their own vision of life.

Keywords: family, youth, spirituality, spiritual integrity, respect for adults, respect for children, the main link of society, education.

The Constitution of the Republic of Uzbekistan pays special attention to the family issue. It says: «The family is the main link of society and has the right to be protected by society and the state» [1, p. 26]. If we look at the history of our people, we will express valuable thoughts about the family and its responsibilities, its role in the development of society and important work. So, the history of the Uzbek family and the history of national family pedagogy are very ancient.

Among the Eastern peoples, respect for elders, respect for children, honesty, integrity, politeness, hospitality have been practiced since ancient times as rules showing human manners. Only if these rules of ethics are fully manifested in each person, he is a morally perfect person. Thus, he is considered to have fulfilled his humanitarian duty to society and the people. Duty is considered an important moral and spiritual value, which means that each person fulfills the duties of citizenship to society, filial duty to parents, humanity to the people, nation and humanity to society [2, p.]. Duty includes human obligations that must be fulfilled and moral rules that can be fulfilled through humanity. The duty of parents to their children, to society, the duty of children to their parents, the duty to preserve the past heritage of humanity and pass it on to future generations, the duty to the nation, the duty to the future generation, the duty to protect nature and the duty to the Motherland are mandatory tasks.



Family is an Arabic word meaning «woman, spouse», «a group of people living together, a household consisting of a couple, their children and their immediate family.» As Professor O. Musurmonova noted: «The foundation of the family is the couple or parents. While the husband and wife are responsible for building the foundations of the family, they are responsible for experiencing the difficulties of life, the joys and worries of life, managing the family, raising children» [3, p. 60].

The family is created on the basis of the law of matrimony, one man or one woman cannot be a family. In addition, the family is not only a husband and wife. The family is a household consisting of several generations, consisting of the husband's parents, i.e. father-in-law and mother-in-law, children, brothers and sisters, as well as husband and wife. Each of its members has his own position, lives according to the internal discipline of this family. In this sense, the family is a society within a society. This society has its own kingdom: in the process of thousands of coincidences, the love of the couple is tested, during this test they understand each other more deeply, exchange gratitude with each other, forgive each other, become husbands and wives., he brings up his children and dreams. In this sense, the family gives fullness to a person's life, it becomes a place of worship as a sacred place of society. The family is a sacred place that preserves the continuity of each people and nation, ensures the development of national values, gives birth to a new generation into the world, educates it spiritually and physically, is considered the main foundation of society. The family is one of the most beautiful wonders of nature, a social unit based on "natural-biological", economic, legal and spiritual relations inherent to man [4, p. 89]. According to the "Nightmare", the duties of parents to their children are to "... give the child a good name, hand the child over to a good midwife, perform circumcision, give Otoi-tomash, teach knowledge and skills." «. Parents also bear responsibility to society in raising their children. Raising a fully mature child is the main and obligatory duty of parents.

A child's duty to his parents is to respect and honor his parents, provide for them financially when they grow old, listen to their advice and obey them unconditionally. A child must raise the prestige and dignity of his parents before the nation. A child is especially obliged to respect his father and fulfill his tasks. It is absolutely impossible to hurt him. A smart child respects his father. It is not for nothing that our people say, «A father's curse is a bullet.» According to Abu Ali ibn Sina: a father can take whatever he wants from the child's house. And a child has no right to take anything from his father's house without his permission [5, p. 78].



Here, what determines the duties and rights of a child to his parents?

According to scientists, «Parents have eighty rights in relation to their children. Forty of them are fulfilled during life, and the remaining forty after death. Ten out of forty rights during life "Are related to money, ten to language, ten to the heart, and ten to property" [6, p. 30].

In the family, the duty of the daughter-in-law to her mother-in-law is also the duty of the child. Such qualities as hard work, kindness, brotherhood, humanity, courage, honesty and faith, which are considered the spiritual heritage of our people, were taught by Abu Rayhan Beruni, Najmuddin Kubra, Mahmud az-Zamakhshari, Abu Ali ibn Sina, Alisher. Navai, Ahmad al-Farghani, Imam The duty of each of us to society, humanity and future generations is to preserve the spiritual heritage of al-Bukhari, Imam at-Tirmidhi, Bahauddin Naqshband and similar thinkers, as well as to pass on the national spiritual heritage, which has risen over the centuries to the level of value, to the next generation.

Homeland is a blessed place where everyone was born and raised, a region, a village, a city, the Homeland. This is a living land. It is the duty of every citizen living in Uzbekistan to protect this Motherland, to work honestly for its prosperity, and if necessary, to give their lives to protect the Motherland.

The greatest wealth of a person is the Motherland. To love the Motherland means to love the national language of the Motherland, to love national symbols, to appreciate national values and traditions, to sacrifice one's life for its peace and tranquility. Indeed, love for the country is a matter of faith. That is, only a person who has faith, is conscious, fully understands the concept of the Motherland, gives all his energy to the Motherland, works for the sake of knowing the Motherland and is proud of his Motherland, will fulfill his duty to the Motherland. Motherland.

The memory of the fallen is the filial duty of the current generation. The main task is to know the history of the Motherland, to preserve its wealth like the apple of one's eye, to contribute to the development of the Motherland, to work honestly, to study its spiritual values and traditions. The duty of every citizen is to make every effort to bring Uzbekistan into the ranks of socio-economic and culturally developed countries. The main duty of parents, the public and teachers is to raise mentally and physically healthy people, with a developed national consciousness and thinking, in accordance with the requirements of modern society. The main duty of adolescent boys is to serve in the national army of our country, to maintain peace and tranquility of the Motherland, to protect it from any aggression, internal and external enemies.



The main duties of citizens of the Republic of Uzbekistan to the Motherland are defined by Articles 31, 76, 115, 136 of the Constitution of the Republic of Uzbekistan. That is, «Citizens are obliged to observe the Constitution and laws, respect the rights, freedoms, honor and dignity of other people. Citizens are obliged to carefully preserve the historical, spiritual and cultural heritage of the people of Uzbekistan. The protection of the Republic of Uzbekistan is the duty of every citizen of the Republic of Uzbekistan, citizens are obliged to undergo military or alternative service in accordance with the law» [paragraphs 1, 6, 9, 11, 18], it is said.

The duty of children is to study, master a profession and work from an early age. to provide for themselves, their family, their children and their elderly parents. Parents do not live forever in this world, the more inheritance left by parents it is not enough for him to work all his life and live in vain. In life wealth earned by honest labor is most valued. parent

Honoring the mother and maintaining her reputation at a high level is also a national phenomenon. — one of our spiritual talents. Akhil — the final word in the family

says The father must take into account the opinions and interests of family members.

takes For this reason, in our national traditions, in front of a father or father

it was also considered impolite to speak on the spot, interrupting.

Parental advice has only one goal. This is caring for children, thinking about their future.

Listening to the word of the father is a great school of life. Not only children study in this school, but also their children.

Our ancestors said: "When choosing a life partner, it is permissible to choose not the best part of the scale, but the part of the mind. Because the first is needed for the eyes, for the spectacle, and the second is needed for your heart, for your life" [7, p. 36], they say.

In fact, life is a very complex concept, it is not always smooth, it has its ups and downs, its own bitterness and bitterness, its joyful and stormy thoughts. A wise person prepares himself mentally in advance in order to overcome difficulties with perseverance and will.

The essence of the family as a social institution that ensures the restoration and sustainable development of human society is manifested in any sphere of human activity – economic, social, spiritual. The family as a social institution performs various tasks that affect various spheres of life of the individual and society.

One of the main functions of the family is the accumulation of material resources, their distribution and redistribution, meeting the economic needs of family members and society as

a whole. In modern market conditions, the economic role of the family is of great importance, since the family is a consumer, on the one hand, and a producer, on the other. The family resolves issues related to housekeeping, family business, reproduction of the workforce, meeting consumer demand and level. According to economists, the socio-economic position of the family in these family relations requires the socio-political construction of the state, its legal foundations, the development of the economy, culture and economic function of the family, the formation and use of the family budget. The family budget consists of two parts - income and expenses. Family income may include the following sources: wages, business income, property income, government payments (pensions, scholarships, free services in education, health care, social protection), other sources (for example, inheritance). Family expenses may depend, on the one hand, on the number of its members, children who have not started working, other family characteristics (for example, a serious illness of one of the family members), and on the other hand, on the socio-economic situation in the country, in particular, on the entrepreneurial activity of the family. Family budget expenses usually include taxes, food, clothing and footwear, housing, utilities, furniture, household appliances, transport, education, medical care, recreation and entertainment. Family income usually consists of wages and entrepreneurial activity, and the economic situation of the family depends on these sources. But most economists believe that the financial stability of the family largely depends on the effective planning of expense items. For example, family budget specialists believe that unnecessary purchases of products that are thrown away cause great damage to the family budget. The President's new book gives clear instructions in the President's new book on the main criteria that shape the spirituality of the younger generation, or what should be understood as the criteria of spiritual life. «Maison» means a scale, that is, an exact measure, a standard, a «criterion» in European terminology. So, what should we rely on in the spiritual education of youth, who should we show to youth as an example, what measure, what standards should be taken as a basis - all this is clearly shown in the book and listed by name. This is a great and blessed spiritual (scientific, artistic, philosophical) heritage created by our great ancestors, their exemplary life, great and eternal truths expressed in our sacred religion and values, high feelings.

What are the main ways and conditions for the formation of a child's spirituality in the family? Let us list just a few of them:



1. An atmosphere of affection in the family. A person deprived of this feeling will not be able to respect his relatives, compatriots, country, will not be able to do good to people. Love and sincerity in the family, attentiveness and care of family members for each other have a strong impact on the child's psyche, provide ample opportunities for the manifestation of the child's feelings, the formation and satisfaction of his spiritual needs. We all feel the need not only to belong to a special group of people busy with their work and living in the same house, but also to feel the presence of our loved ones in front of us, to breathe in the general atmosphere of the family, which creates its individuality, uniqueness, its special character, its traditions.

2. An atmosphere of sincerity. Parents should not lie to their children in important life situations. A child quickly perceives any lie, deception, fraud with extraordinary acuteness; pay attention to him

he is confused and sophisticated, drowning in doubts. If something cannot be said to a child, then it is better to always avoid the right answer or not to go beyond a certain limit of telling the child than to come up with a stupid statement and then be lazy or deceive by telling a lie. , and the child will find out about it. You should never say: «You are too young to know this» or «You don't understand it anyway.» Such answers reflect the curiosity and selfishness in the child's heart. It is better to say «I cannot tell you this: everyone is obliged to keep certain secrets to themselves, it is impolite and immodest to interfere in other people's secrets»

I agree with the answer. This does not harm correctness and sincerity, a clear lesson in duty, discipline and decency is given. 3. Explanation. Impact with words. In order to teach with words, words must leave an imprint on the mind and heart of the student. To do this, it is necessary to learn to understand the meaning of words. Only then can we hope to have an emotional impact. The educator must move from specific facts, incidents, events to the disclosure of general truths and principles of behavior over time. Teenagers like to be self-confident, but parents often share their opinions, pointing out that they are immature because they are still young and, therefore, too small to express their opinions. However, it is through these considerations that teenagers understand spiritual and moral concepts.

4. Work in front of the child. The child begins to regularly observe the work of adults, tries to implement it in the game, then begins to join in the work process as an assistant and, finally, begins to do the work independently.

5. It is necessary to exclude luxury, poverty and alcohol from the child's life.



6. It is necessary to prevent the child from communicating with immoral people. Imitation is an important way of acquiring knowledge and experience. The instinct of imitation makes the child repeat all the behavior of all the people around him. Only after a child turns 7 does he or she form their moral principles and can evaluate the behavior and actions of the people around them. Therefore, adults who love a child and wish them well must strictly control their every step so as not to set an example for the child with their immoral behavior.

7. Parents should pay attention to the purity of family relationships.

So, a family is a social institution that performs several functions. Among these functions is the function of forming a worldview based on a system of ideas, values, and ideas enshrined within a certain ideology.

They say that in one tribe there was a custom: when a father grew old and lost strength, his son carried him on his back and carried him to a deserted mountain. The child felt sorry for his father and saved his father from death by secretly eating food. When the father saw his son in confusion and asked what the reason was, he learned that the plague had spread throughout the country and there was no cure. Thanks to the advice of a wise elder, the disaster was averted. Either the elder's advice saved the tribe from a natural disaster, or from an enemy attack. When his compatriots asked the reasons for the young man's «wisdom,» he said that despite the threat of death, he had cared for his father, and his advice and recommendations were invaluable. It was a photograph meant to win the respect of these elderly people. The national value of respect for elders does not recognize such situations, since sometimes elders are left with their age and knowledge, and they are servile to their superiors. At the same time, the high respect shown by the people imposes great responsibility on the elderly.

The architect who lays the first foundation of spirituality of youth are parents, family environment and education. The education of youth is greatly influenced by related clans, neighborhoods and neighbors. The family is glorified in the works of our great thinkers. For example, "The City of Virtuous People" by Abu Nasr Farabi [8], "Geodesy" by Abu Rayhan Beruni [9], "India" [10], "The Law of Masudi" [11], "Medical Laws" by Ibn Sina [12-16], in the works of Imam al-Bukhari "Al-Jameh al-Sahi" [17] it is said about the family, its duties and tasks in the development of society. The researcher of hadith Imam Al-Bukhari emphasized that the importance of the educational process is that a good education is an adornment of a person and that this adornment should be given by parents. In Ibn Sina's book «Family Economy» he writes that «A woman should be a good companion of a man, a good successor



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and assistant in raising a child, she should be mentally wise, chaste, modest, with the right words, and should not lose her chastity and reputation.» Summary. In our country, attention is paid to strengthening the family, increasing its role and influence in the life of society. It is necessary for Uzbek families to take an active part in raising a spiritually mature person as an educator of the nation based on national values. A healthy family environment is reflected in social activity. It serves to ensure the implementation of large-scale reforms. It is important to raise young people in the family to be devoted to the country, devoted to the country, devoted to the New Uzbekistan. Respect for parents does not mean that all children listen to them unconditionally and obey their will. In the family, the opinion of children is also very important. The architect who lays the first foundation of the spirituality of youth are parents, family environment and education. The education of young people is greatly influenced by related clans, neighborhoods and neighbors.

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