METHODS FOR DEVELOPING SOCIAL SKILLS IN PRESCHOOL CHILDREN: INNOVATIVE APPROACHES

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Annotation. This article is devoted to the study of the importance of innovative psychological, pedagogical and technological approaches to the development of social skills in preschool children. The use of game activities, information technologies, STEAM-education, robotics and other modern methods in the formation of social skills is analyzed. The role of educators and parents, person-centered approaches, as well as the pedagogical and psychological foundations of the socialization process are also highlighted. The article concludes with practical recommendations for use in preschool educational institutions and the effectiveness of innovative technologies.

Keywords: Preschool education, social skills, innovative approaches, game technologies, STEAM education, information technologies, robotics, psychological and pedagogical methods, socialization process, person-centered education

Today, the preschool stage of education is the main foundation for the formation of social skills in children and their future development as independent individuals. Large-scale reforms in the education sector, initiated by the President of the Republic of Uzbekistan Shavkat Mirziyoyev, require the introduction of modern approaches to the preschool education system. In particular, Decree No. PD-5198 of September 30, 2017 "On measures to radically improve the preschool education system" [1] and Resolution No. PD-4312 of May 8, 2019 "On measures to further improve the preschool education and upbringing system" serve as an important legal basis in this regard. [2]

Based on these resolutions, the introduction of modern pedagogical technologies for the development of social skills in preschool children, the enrichment of the educational process with innovative approaches, and the development of special programs aimed at socialization are identified as one of the important tasks.

The state also pays special attention to the issues of forming children's social skills and adapting them to social life through the widespread introduction of gaming technologies, information and communication tools and STEAM educational elements in educational institutions. This process serves not only to develop communicative and psychological abilities in preschool children, but also to strengthen their ability to work in a team.

This article analyzes the role of innovative pedagogical methods, modern technologies and national educational programs used to develop the socialization process of children in preschool educational institutions, and provides practical recommendations.

Adaptation to a preschool educational organization is the process of children entering a new environment and adapting to the conditions. This process is very important for children and affects their psychological, physiological and social development. This period is often difficult for preschool children, as they have to adapt to a new social and pedagogical environment. The adaptation process is individual, since the character, temperament and family circumstances of each child are different. The first problem is associated with children's separation from their parents. Many children experience separation anxiety when going to a preschool educational organization. The strength of this feeling depends on the child's relationship with their parents. Some children may feel lonely and anxious, which complicates their adaptation process. Also, entering a new environment and meeting new people can cause stress and anxiety in children. Children usually show psychological reactions when they arrive at a new preschool, such as crying, wanting to go home, and being afraid.

Physiologically, children have to adapt to different conditions in a new preschool than in the comforts of home. For example, changes in sleep patterns, eating habits, and physical activity can cause children to feel tired.[3] Unusual conditions can also lead to a decrease in immunity in children, as a result of which they may get sick more often.

Socially, children may feel uncomfortable when entering a new group and making new friends. In many cases, children have difficulty communicating with their peers at the first stage. Making friends with other children, playing with them, and doing activities together can be stressful for some children. Some children avoid adapting to social norms, participating in games, and activities. Such children usually take longer to establish relationships with others.

One of the important aspects of pedagogical adaptation is the role of the teacher in adapting to a new child. Teachers need to use warmth, patience and an individual approach when working with children. If the teacher does not establish a good relationship with the child,

this can make the environment unsafe and unpleasant for the child. Children's adaptation to new pedagogical activities, games and classes can also cause problems. Some children have difficulty mastering new activities, which slows down their overall adaptation process.

Family factors also play an important role. If parents do not support the child's acquaintance with a new preschool educational institution, the adaptation process can be very difficult for the child. Parents should provide support to the child to help him socialize, explain how to adapt to the new environment. Otherwise, children may have difficulty adapting to new conditions.

In addition, the pedagogical approach of the teacher is important for the success of adaptation to preschool educational organizations. The teacher should have an active and warm relationship with the child, understand his needs and create conditions for adaptation. To facilitate the adaptation process, it is necessary to create a positive and safe environment for children, make games and activities interesting and relevant to the learning process.

Thus, adaptation to a preschool educational organization is a complex and multifaceted process that greatly affects the psychological, physiological and social state of the child. To facilitate this process, parents, teachers and educational institutions should work together.

The development of social skills for preschool children ensures not only their general development, but also their adaptation to society, the establishment of relationships. Social skills include such aspects as expressing children's feelings and thoughts, communicating with others, and working together.[4] The role of innovative approaches in the development of these skills is very important, because they create new opportunities for children and enrich the educational process with modern, effective methods.

Innovative approaches aimed at the development of social skills are mainly aimed at updating teaching methods in the pedagogical process, using new technologies, expanding the game process, and implementing individual approaches.[5] Such approaches help children freely develop the skills necessary for success in social relationships.

Development of social skills in the game process

Game is one of the most effective educational tools for preschool children. Through play, children learn to communicate, collaborate, solve problems, and express themselves with others. Innovative play techniques, such as role-playing, small group work, and dramatic play, help children develop communication skills. Through play, children learn to make social connections and interact with others in practice.

Developing social skills through art and music activities

Artistic activities, including drawing, singing, and dancing, allow children to express their feelings and share with others. Music education plays an important role in developing social skills for children. Music and the arts help children learn to respect and cooperate with others through activities such as working together, singing together, and dancing in a group. This, in turn, strengthens children's social skills.

Developing social skills through the use of technology

Modern technologies, especially interactive educational tools, play a major role in the development of children's social skills. Mobile applications, interactive games and other digital resources teach children skills such as communication, cooperation, and problem-solving. For example, many interactive games create opportunities for children to develop teamwork and discuss their ideas with others.

Individual approach and consideration of child psychology

Individual approaches that are appropriate to child psychology, taking into account the specific characteristics of each child, make the development of social skills effective. These approaches allow the child to manage his emotions, interact with others, and find his place in the group. Education that takes into account the needs and capabilities of children increases their self-confidence and helps them succeed in society.

The role of parents and teachers

Parents and teachers play an important role in the development of children's social skills. They should be role models for children, teach social values, and establish effective communication with children. Teachers play an important role in the development of children's social skills by using their pedagogical skills and modern methods. Their role is to teach children not only knowledge, but also to find their place in society and to interact positively with others.

Advantages of innovative approaches

One of the main advantages of innovative approaches is that they make the educational process interesting and interactive for children, making it easier to learn social skills. These methods help children develop the necessary skills to strengthen their relationships, work in a team, solve problems, and fulfill social roles. Also, with the help of modern technologies and interactive methods, children's thinking skills develop and they learn to manage their emotions and think critically.

Recommendations for facilitating adaptation:

- *Gradual adaptation*: Bring the child to the preschool for a short time (1-2 hours) at first and gradually increase the time.

- *Parental involvement*: Warm parental support is important during the child's adaptation process.

- *Teacher kindness*: The teacher should understand the child's needs and pay special attention to him.

- *Creating a positive environment*: The child should be offered a friendly attitude and interesting activities in the new environment.

- *Encouragement*: Strengthen the child's self-confidence by praising and encouraging any positive behavior.

Innovative approaches to developing social skills in preschool children are of great importance. Through games, art and music activities, technology and individual approaches, children learn to establish relationships, work collaboratively with others and freely express their thoughts. Developing children's social skills through innovative teaching methods helps to shape them as successful and self-confident individuals in society. These approaches are one of the most important aspects of the preschool education system, contributing significantly to raising a socially and emotionally stable generation that has found its place in society.

List of used literature:

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