

THE CHALLENGES IN ENGLISH LANGUAGE LEARNING FOR NON-NATIVE SPEAKERS

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Abstract. In our rapidly developing country, great attention is being paid to learning foreign languages. A clear example of this is the decree of our President “On Measures to Further Improve the System of Learning Foreign Languages,” which has strengthened the teaching of foreign languages to the younger generation in our country. However, just as every endeavor comes with its own challenges, learning foreign languages also has its difficulties. English, which holds a significant position in the world and ranks first among global languages, presents certain challenges for learners. It is no secret to anyone interested in learning English that the language has two main variants: American English and British English. While the people of these two regions use almost the same words, sentences, and phrases, there are significant differences in pronunciation between them. In addition, grammar, vocabulary, the abundance of words, and the differences between spelling and pronunciation. This given article discusses the problems encountered in the process of learning foreign languages and the solutions that can help prevent these issues.

Key words: English language, pronunciation, challenges of learning English, abundance of words.

Introduction. English is the most widely influential language in the global world, spoken by approximately 1.5 billion individuals globally. It is the 3rd most spoken language and it is primary language of international business, education, diplomacy, science, medicine, technology, and entertainment. English language plays vital role in global communication and make to grow in importance. It make an essential skill for people look for academic and professional possibility in an increasingly interconnected world. In addition to this, however, non-native speakers frequently faced variety of significant challenges and difficulties in acquiring proficiency, When learning and using the English language. This kind of challenges make learning English language a complicated process for non-native speakers. Linguistic,

psychological, cultural, and methodological factors are studied, and the effectiveness of modern educational methods is examined. The research results provide recommendations for making the foreign language learning process more effective.

Literature review.

The process of learning a foreign language requires patience, determination, and consistent effort. Every new word, grammatical rule, or pronunciation element gradually becomes embedded in our minds, but this process naturally takes a long time. Learning a language is not just about memorization; it requires understanding, engaging in communication, and applying it in practice. Therefore, learners often encounter difficulties along the way. Psychological barriers play a significant role in the language learning process and directly impact learners' success. One of the most fundamental barriers is the fear of making mistakes, which leads learners to avoid speaking in a foreign language. This fear is often linked to a person's level of self-confidence, as learners may feel hesitant to speak in a foreign language due to concerns about making errors or being judged by others.

The Negative Impact of Fear of Mistakes

Although making mistakes is a natural part of the language learning process, some learners perceive them as failures. As a result, they:

- Avoid engaging in conversations;
- Miss opportunities to practice the language in real-life situations;
- Hesitate to test their knowledge;
- Feel insecure and experience a decline in motivation.

This issue is particularly common among students who have been educated in traditional learning environments, where mistakes are often punished or viewed negatively. However, modern educational approaches recognize mistakes as an essential part of the learning process.

Overcoming Challenges in Foreign Language Learning:

Research findings highlight that the difficulties encountered in acquiring a foreign language extend beyond linguistic aspects, encompassing psychological and methodological challenges as well. Linguistically, learners often struggle with mastering grammar rules, expanding their vocabulary, and refining pronunciation, all of which can hinder their ability to communicate effectively. To address these challenges, language education should incorporate communication-oriented methods that promote active engagement. Psychological factors also play a significant role in language learning. Many students experience anxiety, fear of making mistakes, and a lack of confidence, which discourages them from engaging in oral

communication. This issue is particularly evident among younger learners, who may avoid speaking due to concerns about grammatical accuracy or pronunciation errors. Similarly, adult learners frequently report low self-confidence, which negatively impacts their motivation to learn a new language. To mitigate these psychological barriers, language instruction should incorporate interactive and motivational teaching strategies. Encouraging learners to view mistakes as a natural part of the learning process and fostering a supportive learning environment can significantly enhance their willingness to engage in communication. Techniques such as role-playing exercises, group discussions, and interactive activities can be employed to increase student participation and engagement. In addition to linguistic and psychological barriers, methodological challenges also affect the efficacy of language instruction. Traditional teaching approaches, which primarily focus on grammar and rote memorization, often fail to facilitate real-world communication. Therefore, adopting modern teaching methodologies that incorporate technology can enhance learning outcomes. Several innovative approaches include:

1. Artificial Intelligence-Based Learning Applications – AI-powered tools, such as chatbots and virtual assistants, offer personalized language learning experiences, helping learners refine pronunciation and conversational skills.

2. Online Language Exchange Platforms – Digital platforms like Tandem, HelloTalk, and italki provide opportunities for learners to interact with native speakers, fostering real-life communication skills.

3. Multimedia and Virtual Classrooms – Educational platforms such as YouTube, Coursera, and Udemy allow learners to engage with instructional content at their own pace, while virtual classrooms enable real-time interaction with instructors.

Furthermore, integrating cultural elements into language education is essential for a comprehensive learning experience. Language learning is not solely about memorizing grammar and vocabulary; it also involves understanding the cultural and social context in which the language is used. Exposure to cultural aspects enhances learners' ability to comprehend and effectively utilize the language in real-world situations. By adopting these strategies, educators and learners can improve the efficiency and effectiveness of foreign language acquisition, ultimately leading to greater fluency and confidence in communication.

Psychological barriers play a significant role in the language learning process and directly impact learners' success. One of the most fundamental barriers is the fear of making mistakes, which leads learners to avoid speaking in a foreign language. This fear is often linked to a

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The linguistic challenges involved in learning a foreign language can greatly impact the learning process. For instance, pronouncing sounds that are not present in one's native language, such as specific phonemes in English or French that do not exist in Uzbek, can be difficult. Additionally, adjusting to new and unfamiliar grammatical structures poses its own set of challenges. To address these issues, regular practice is key. Emphasizing real-life conversations, focusing on improving pronunciation, and engaging with audio materials are all effective methods for overcoming these challenges and enhancing language learning.

Conclusion. This study examines the key difficulties that non-native speakers encounter while learning English. Major challenges include pronunciation, grammar, vocabulary expansion, sociolinguistic barriers, and psychological factors. Overcoming these obstacles necessitates the use of innovative teaching techniques, cultural sensitivity, and effective motivational strategies. Future research should investigate how emerging technologies can help mitigate these challenges. It can be said that in order to avoid mistakes and overcome challenges in the process of learning foreign languages, one must be more responsible and consistently work on self-improvement. Not only in language learning but in any task, maintaining consistency is essential for success. Only through continuous effort can one fully master the language being learned.

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